



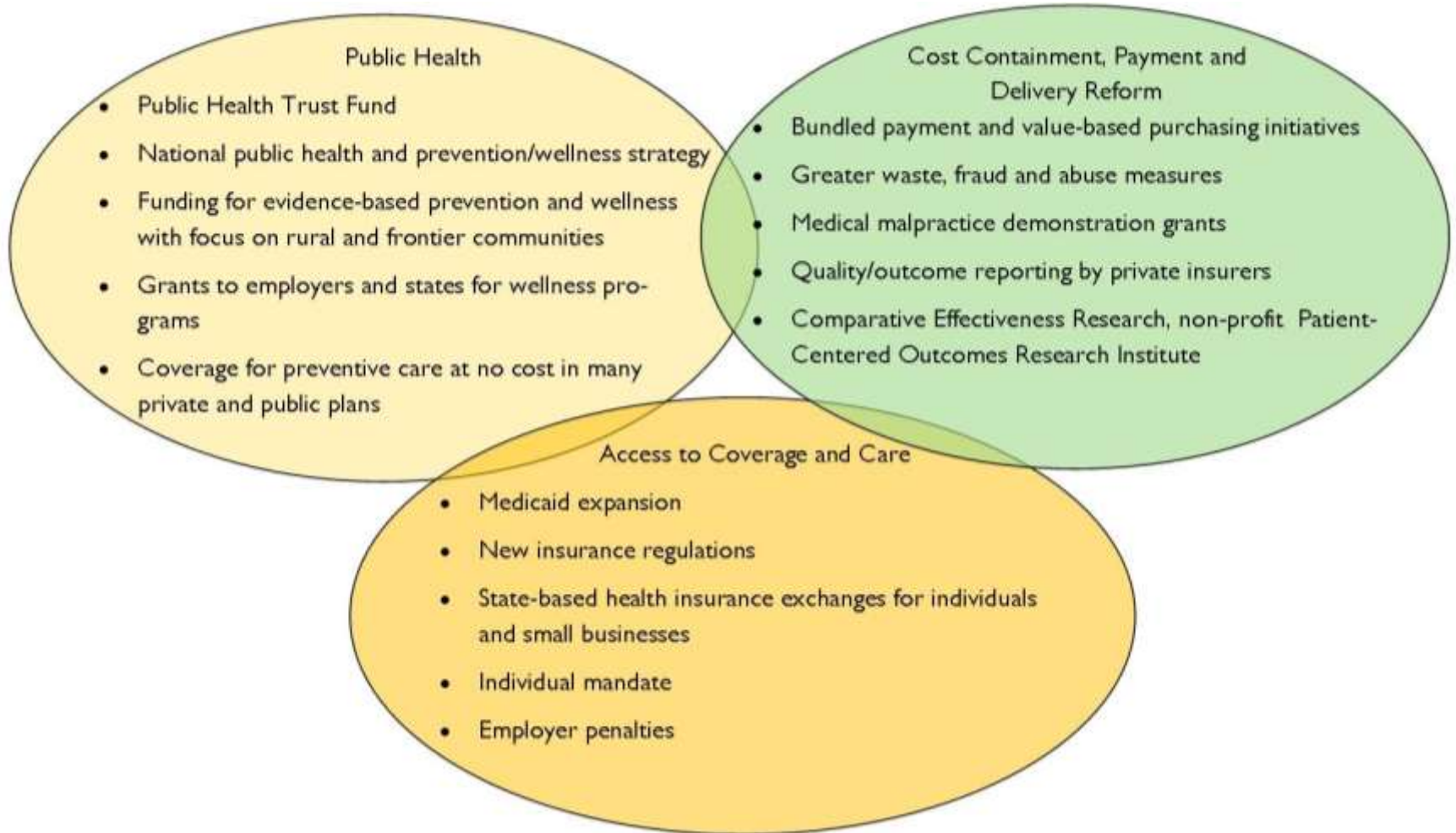
# The Affordable Care Act and the State of Oral Health in Virginia

Presentation to 2012 Oral Health Summit  
Cindi B. Jones, Director, DMAS and VHRI

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October 26, 2012

# ACA - Three Primary Components



# ACA – Overview

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- Creates Health Benefit Exchanges by 2014
  - Small business (currently 50 employees or less, up to 100 employees in 2016)
  - Individuals 133%-400% FPL
  - Premium assistance and cost-sharing for individuals
- Opportunity to provide pediatric dental and medical coverage to individuals currently unable to afford it
- Provides significant momentum to examine and implement needed reforms

# Coverage Changes Already in Place

<b>Provision</b>	<b>Impact in Virginia</b>
<b>Dependent coverage to age 26</b>	31,200 young adults young adult Virginians were covered through this provision
<b>Preventive services at no cost</b>	1,519,000 Virginians in private plans and 837,645 Virginians in Medicare have received free preventive care through this provision
<b>Federal funding</b>	Approx \$72 million has been awarded to Community Health Centers to expand access to primary care
<b>Lifetime limit prohibition</b>	4.8 million Virginians no longer have lifetime maximum limits on their health insurance plans

# ACA – Oral Health Provisions

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- Coverage:
  - Pediatric dental “essential benefits” package for children under 21
  - Dental coverage is not required for adults
  - No co-pay for prevention; no lifetime or yearly limits
  - Stand –alone dental plans okay
  - Children enrolled in Medicaid/FAMIS 200% FPL and below will see no change in oral health benefits

# ACA – Oral Health Provisions

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- Prevention, Health Promotion & Infrastructure
  - CDC oral health infrastructure grants (VA is recipient)
  - National Oral Health Surveillance System
  - School-Based sealant programs
  - Research grants
  - Prevention and public health trust fund
  - Community transformation grants
  - Loan repayment programs

# Medical & Dental Coverage in Virginia

<b>Selected Access and Utilization Indicators (2010)</b>	<b>Estimate</b>
Estimated Virginia population under 65 <b>without health coverage</b>	<b>889,000</b>
Estimated Virginia population <b>without dental coverage</b>	<b>3,800,000</b>
National percent of poor and low income population <b>with dental visit</b> in past 12 months	<b>27-30%</b>
National percent of middle and upper income population <b>with dental visit</b> in past 12 months	<b>42-58%</b>

Source: Uninsured estimates from the Virginia Health Care Foundation at [www.vhcf.org](http://www.vhcf.org). National utilization estimates from MEPS Chartbook 17, Agency for Healthcare Research and Quality, 2007.

# Dental Benefits in Virginia

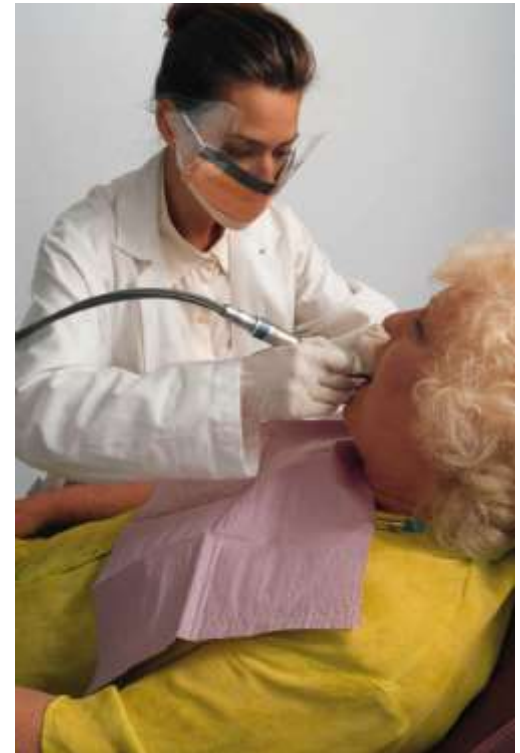
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- Medicaid:
  - Comprehensive benefit for children 200% FPL and below
  - Utilization rate below 50%
  - Emergency Extraction only for Adults
- Medicare:
  - No dental benefits
- Traditional Dental Benefit:
  - Preventive services free
  - Yearly cap



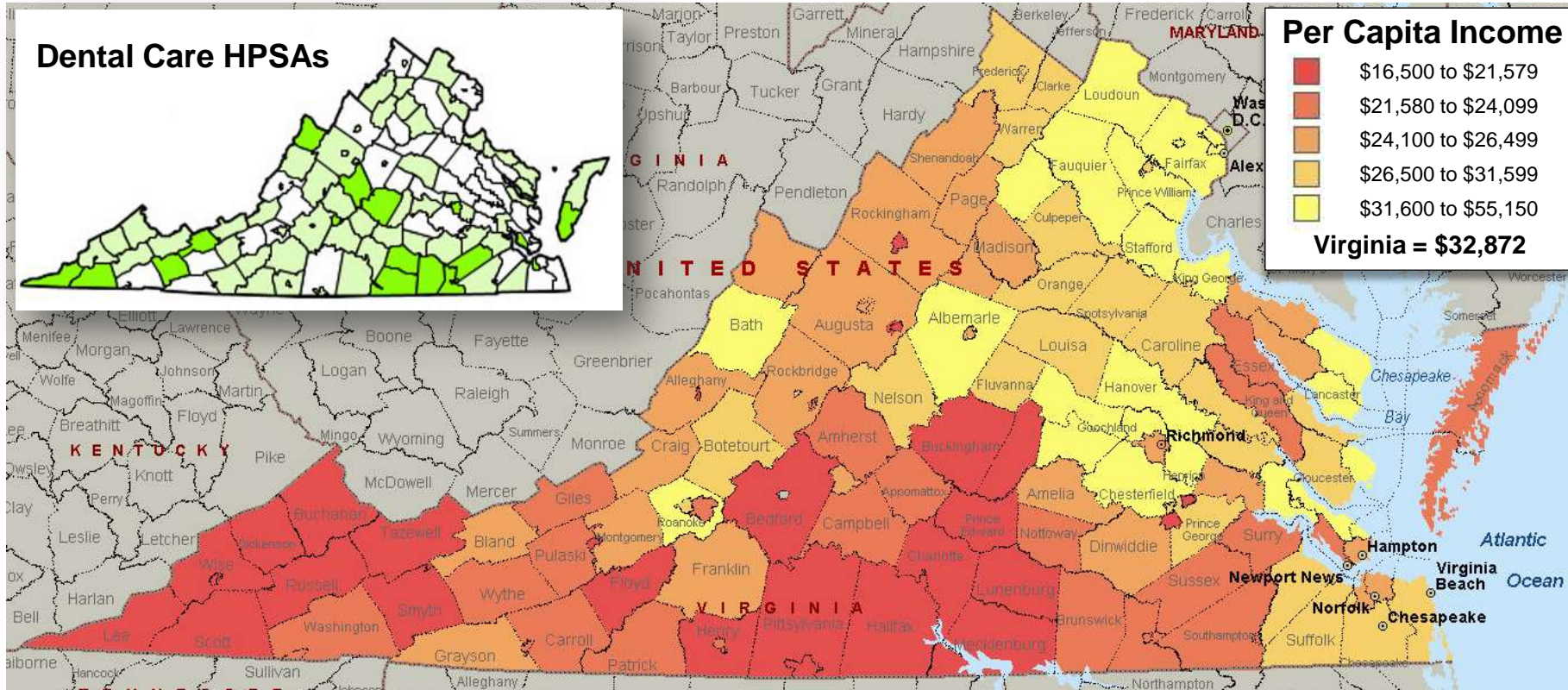
# Snapshot of Oral Health Access in Virginia

- Private Practice Dentists
  - 4,000 licensed dentist in VA
- Dental safety net
  - Free Clinics
  - Community Health Centers
  - VDH Clinics
  - 14 localities have no Medicaid dentist
- VDH programs
  - School-based sealant programs
- Mobile clinics
  - MOM projects/Give Kids a Smile



# Snapshot of Oral Health Access in Virginia

Disparities in dental access are a major concern



Source: Dental Care HPSA map from <http://datawarehouse.hrsa.gov/hpsadetail.aspx>. Per capita income map from Community Health Solutions analysis of data from Alteryx, Inc.

# Dental Disease Costs Everyone

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- Over \$7 million dollars in OP OR for dental issues
- Over a million lost school hours in Virginia <sup>2</sup>
- 75,915 lost work days in Virginia <sup>2</sup>
- 52% of new armed forces recruits had dental problems that needed urgent attention and would delay overseas deployments <sup>3</sup>
- Dental problems were the leading reason why uninsured patients visited EDs <sup>4</sup>
- 21% of all adults in Virginia have lost all of their natural teeth<sup>5</sup>

# Smiles for Children

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- Virginia Medicaid dental program administered by DentaQuest for DMAS since July 2005
- Goals continue to be to increase utilization and access
- Ongoing collaboration among DMAS, providers, and oral health interests including VDA, Medicaid CHIP Dental Association, CMS, Virginia Department of Health and Virginia Oral Health Coalition
- Continued Dental Advisory Committee (DAC) Involvement

# SFC - Coverage

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## Children:

Preventive  
Restorative  
Orthodontic

Under 21 up to 200% FPL  
through Medicaid, FAMIS and  
FAMIS Plus

## Adults:

Emergency Extractions  
and Related Diagnostic  
services

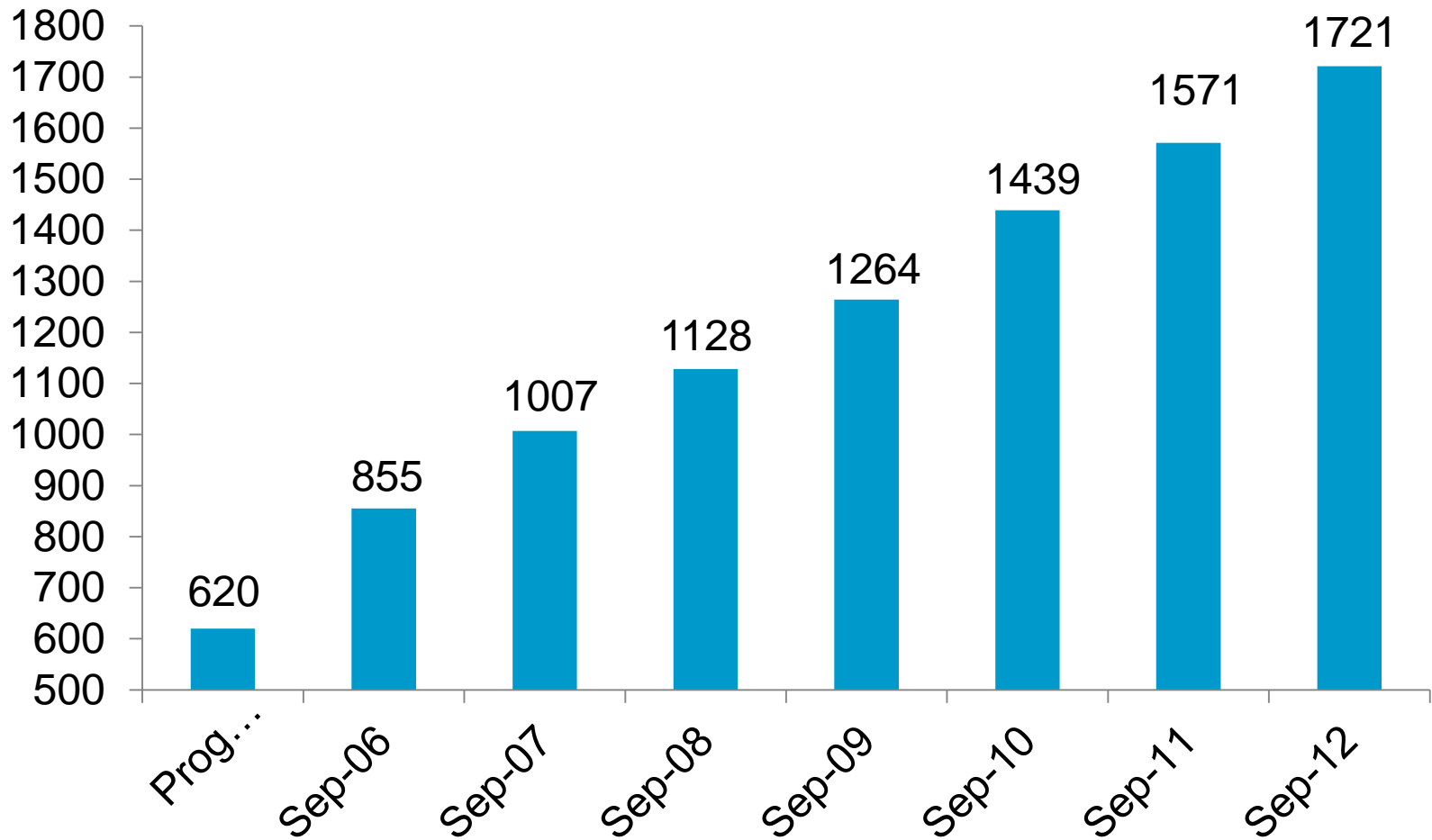
Parents up to 29% FPL;  
Aged, blind, or disabled up to  
80% FPL

# Continued Success

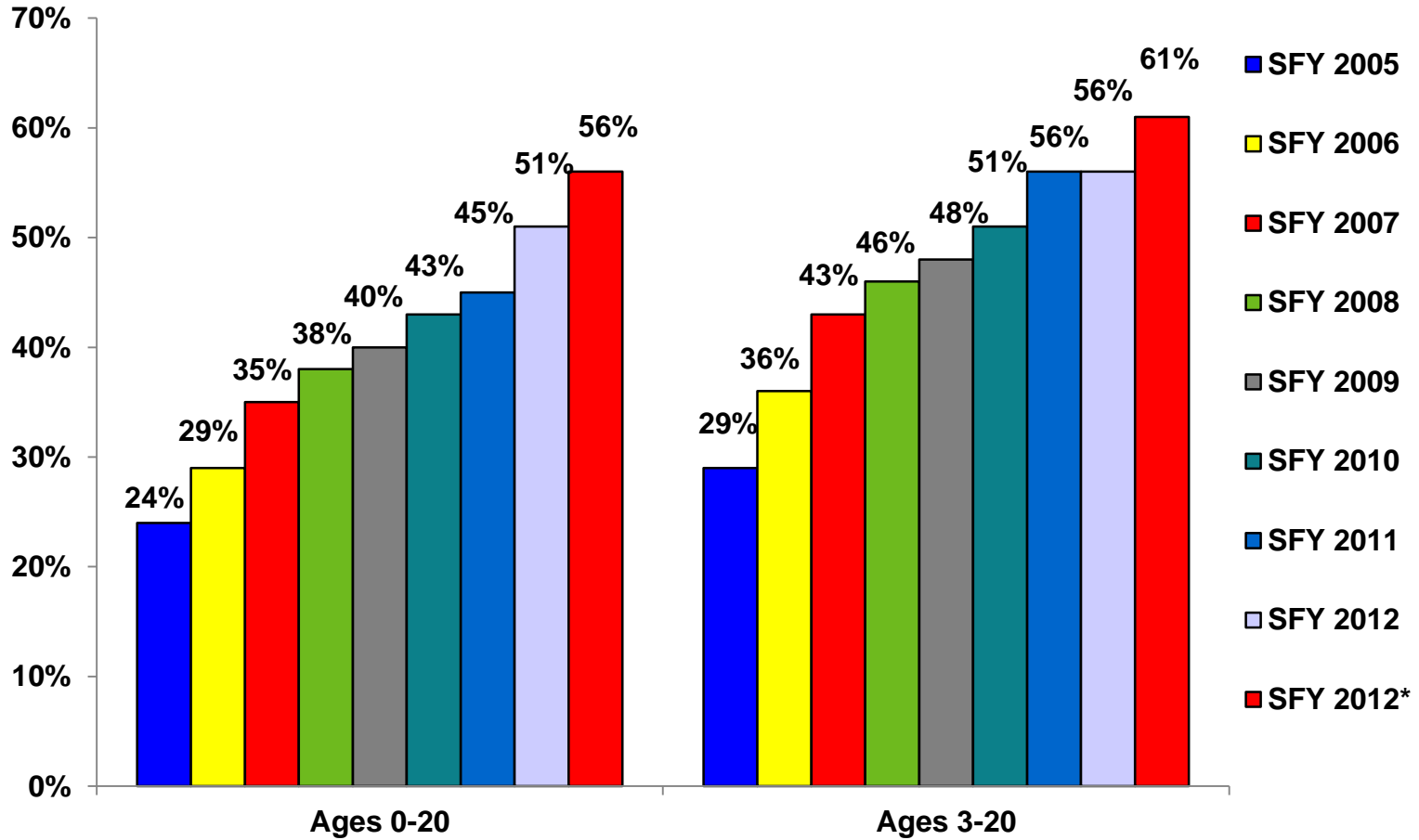
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- 177% increase in number of SFC pediatric, specialty and general dentists
  - 1721 providers as of October 1, 2012
  - 80% submit claims regularly
  - Most take new patients
  - 99% provider satisfaction
- 128% increase in number of children accessing dental services
- Virginia Chairs the CMS Oral Health Technical Advisory Group

# SFC Providers



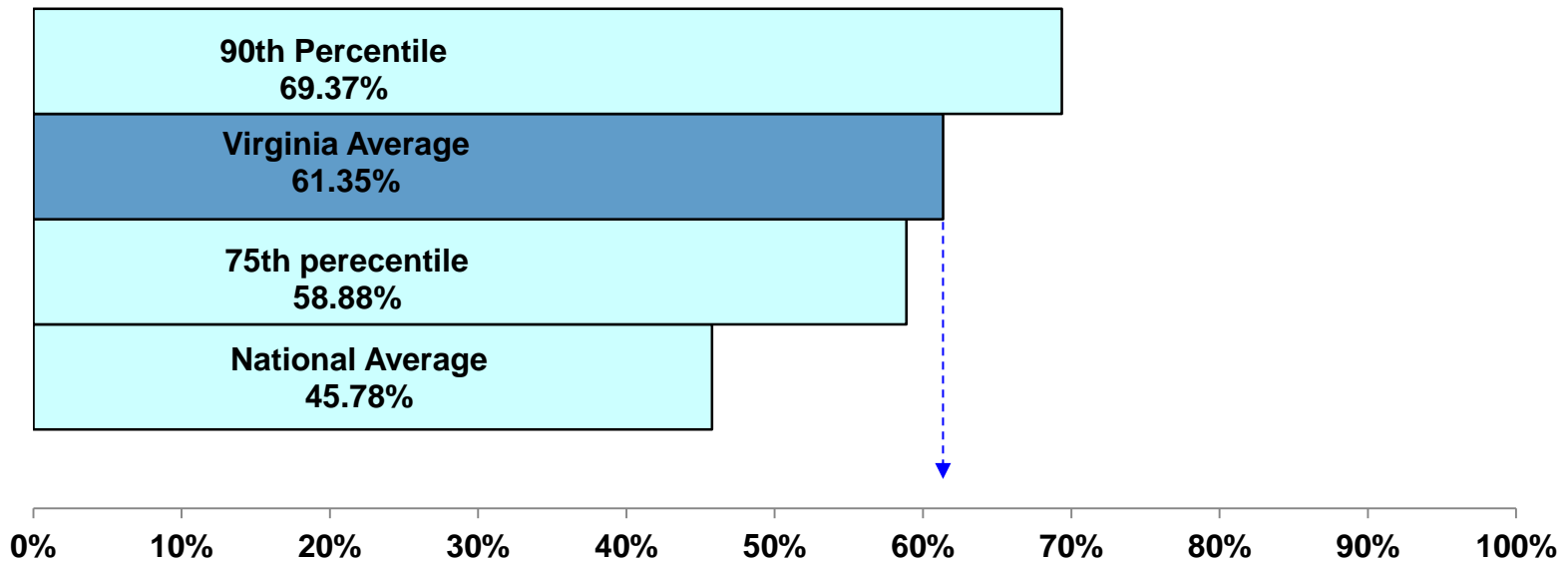
# Utilization





# Annual Dental Visit Comparing SFC to HEDIS 2012

Percent Medicaid & CHIP Enrollees Ages 2-21  
Who Received a Dental Visit in 2010



# Opportunities

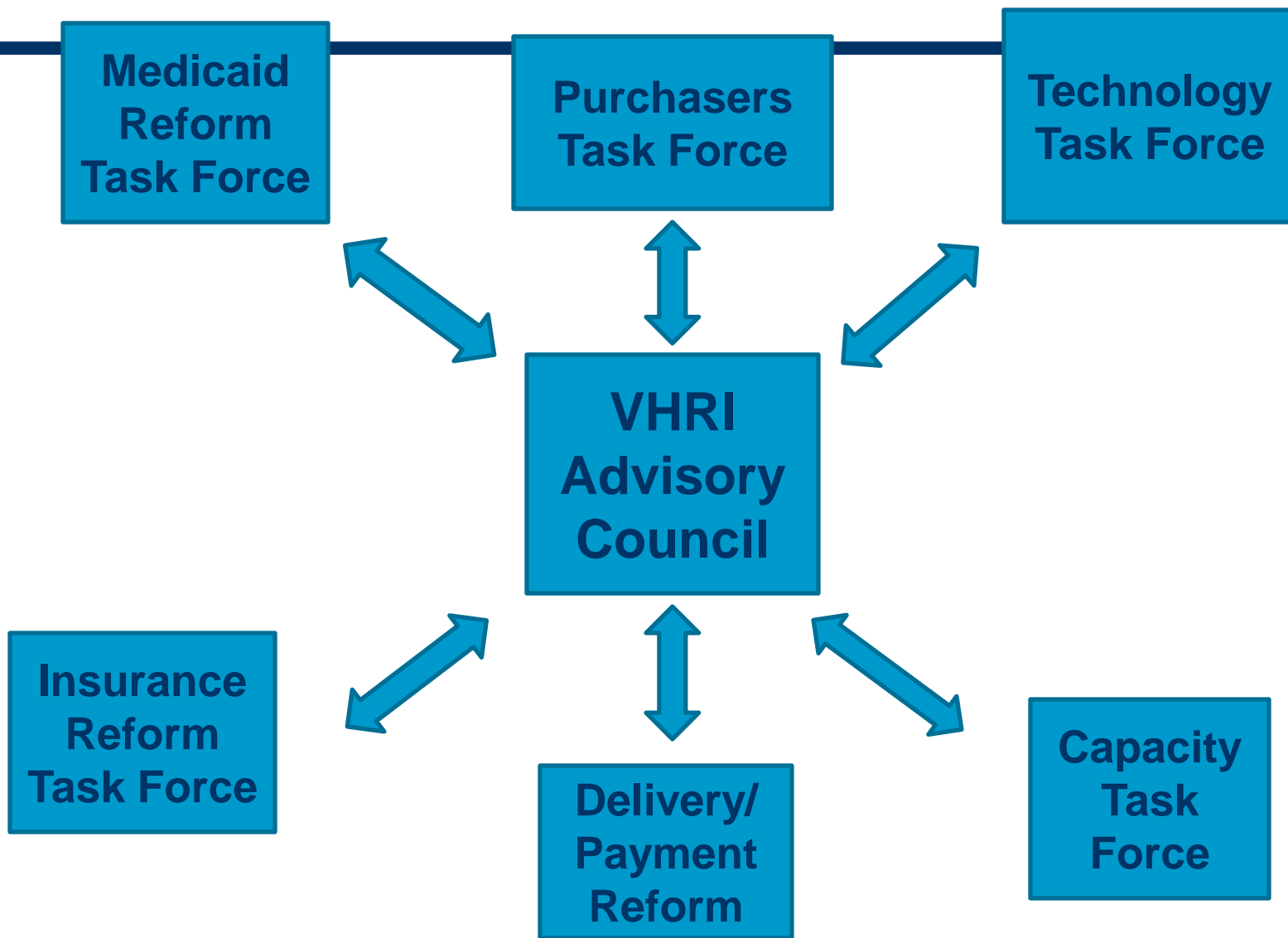
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- Working to improve application of sealant rates
- Developing dental homes for children
- Targeting SFC network development in low access areas

# Challenges

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- Unchanged fee schedule reimbursement since 2005
- Health reform
- Increased enrollment due to economic downturn
- Fewer new dentists especially in underserved/rural areas
- Limited awareness of integral relationship between oral health and overall health



# Notable Achievements in 2012

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- **Creation of the Virginia Center for Health Innovation**
- **Expansion of the Capacity of Health Care Providers**
  - Nurse Practitioners: HB346 (O'Bannon)
  - Dental Hygienists/Licensure for Dental Faculty: SB146 (Puckett); HB344 (O'Bannon)/SB384 (McEachin)
- **Expansion Health Care Information and Technology**
  - All Payers Claims Database: HB343 (O'Bannon)/SB135 (Puller)

# Notable Achievements in 2012

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- **Implementation of Medicaid Reform**
  - Care Coordination Expansion
  - Program Integrity
  - Electronic Health Records
  - Eligibility System
  
- **Implementation of Insurance Reform**
  - Continue Planning for Exchange

# PAUSE

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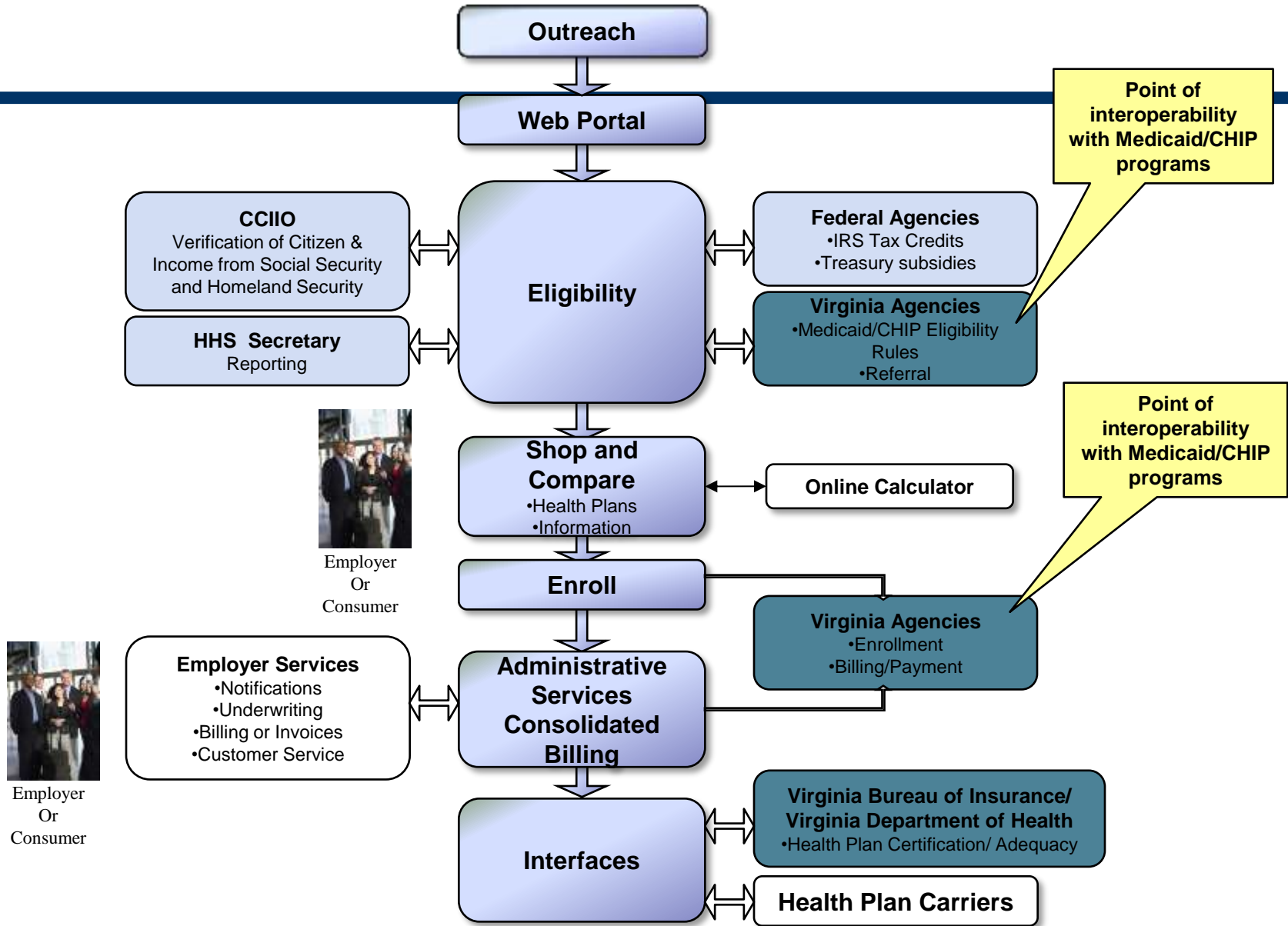


# Health Benefit Exchange Five Core Functions

<b>Eligibility</b>	Accept applications from individuals and small businesses; conduct verifications of applicant information; determine eligibility for enrollment in a Qualified Health Plan and for insurance affordability programs; determine employer and employee eligibility for SHOP enrollment; connect Medicaid and CHIP-eligible applicants to Medicaid and CHIP; and conduct redeterminations and appeals.
<b>Enrollment</b>	Enrollment of consumers into qualified health plans; transactions with Qualified Health Plans and transmission of information necessary to initiate advance payments of the premium tax credit and cost-sharing reductions.
<b>Consumer Assistance</b>	Consumer support assistants; education and outreach; Navigator management; call center operations; website management; and written correspondence with consumers to support eligibility and enrollment.
<b>Plan Management</b>	Plan selection approach (e.g., active purchaser or any willing plan); collection and analysis of plan rate and benefit package information; issuer and QHP certification, monitoring and oversight; ongoing issuer account management; issuer outreach and training; and data collection and analysis for quality.
<b>Financial Management</b>	Premium aggregation for SHOP (option to administer individual consumer premiums); user fees; financial integrity; support of risk adjustment, reinsurance, and risk corridor programs.

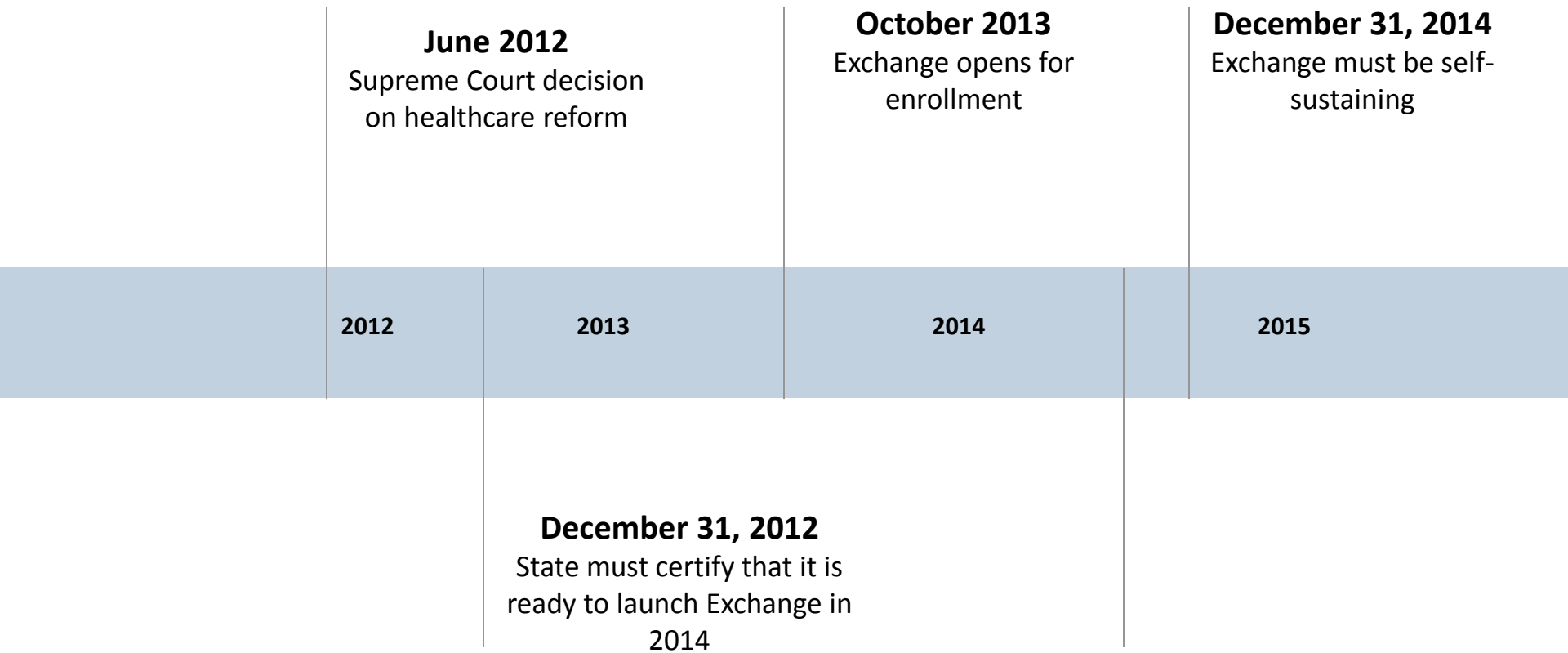


# Benefits Exchange Services Concept Diagram – Typical Solution

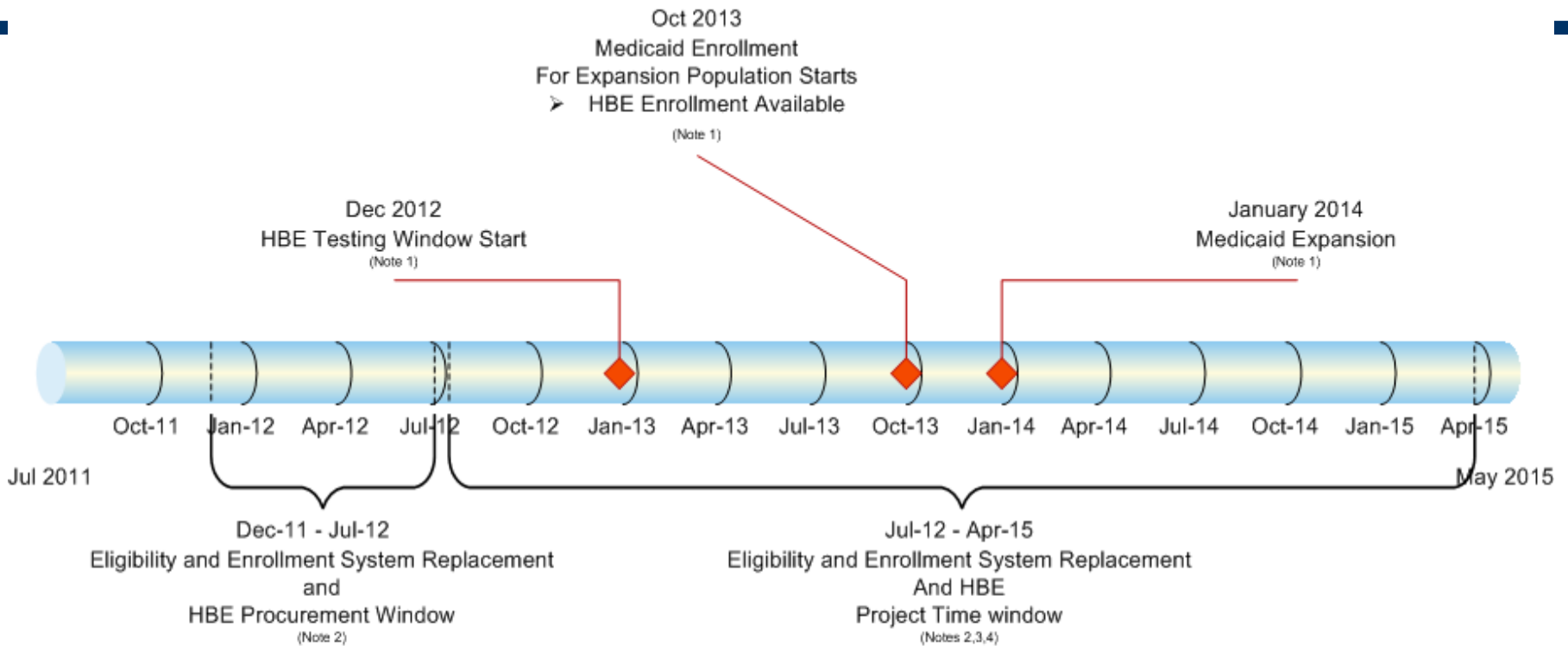


Note: Technology is based on a Service Oriented Architecture (distributed web services) including use of business rules engine

# Exchange Timeline



# Timeline



**Notes:**

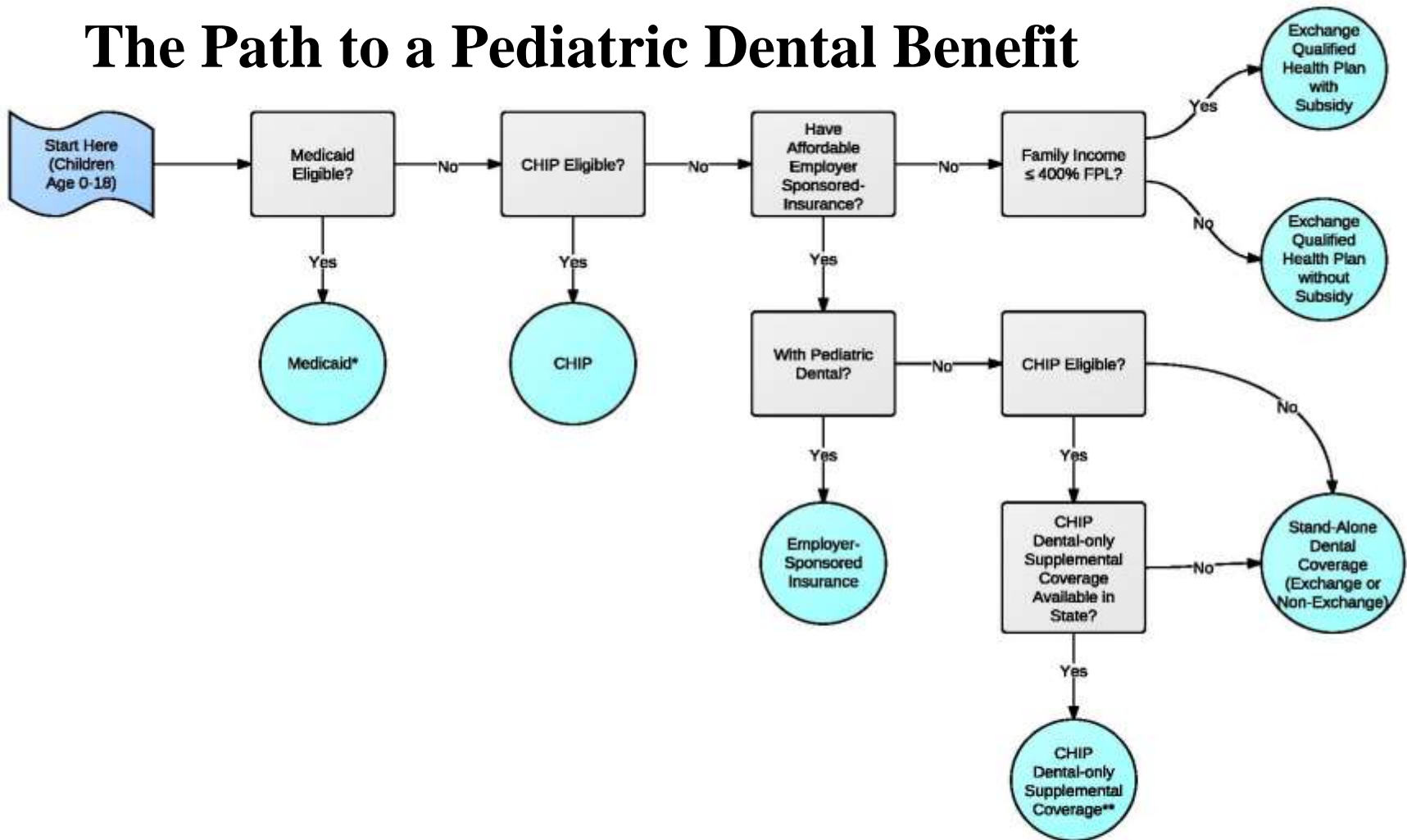
1. Diamond milestones are federal mandated dates.
2. COV-HIE phases based on current projections.
3. Projects will be using VITA's SOA development, testing, and production environments currently under construction; including Enterprise Data Management.
4. HBE and Medicaid/CHIP programs are priorities. Full functionality may not initially be available for all social service programs.

# The Challenge – Pediatric Benefit

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- Ensuring adequate dental providers to care for increase in insured
- Ensuring the subsidies and cost-sharing is available to consumers purchasing pediatric dental coverage
- Ensuring consumers are aware of the pediatric dental benefit, which may be confusing
- VHRI recommended Smiles for Children benchmark for pediatric dental benefit

# The Path to a Pediatric Dental Benefit



## Overview of Pediatric Dental Benefits

Medicaid: Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)

CHIP: State determined benefits consistent with federal CHIP rules

Employer-Sponsored Insurance: Dental benefits often limited to a yearly cap (average is \$1500)

Qualified Health Plan: Essential health benefits determined by the state consistent with federal rules

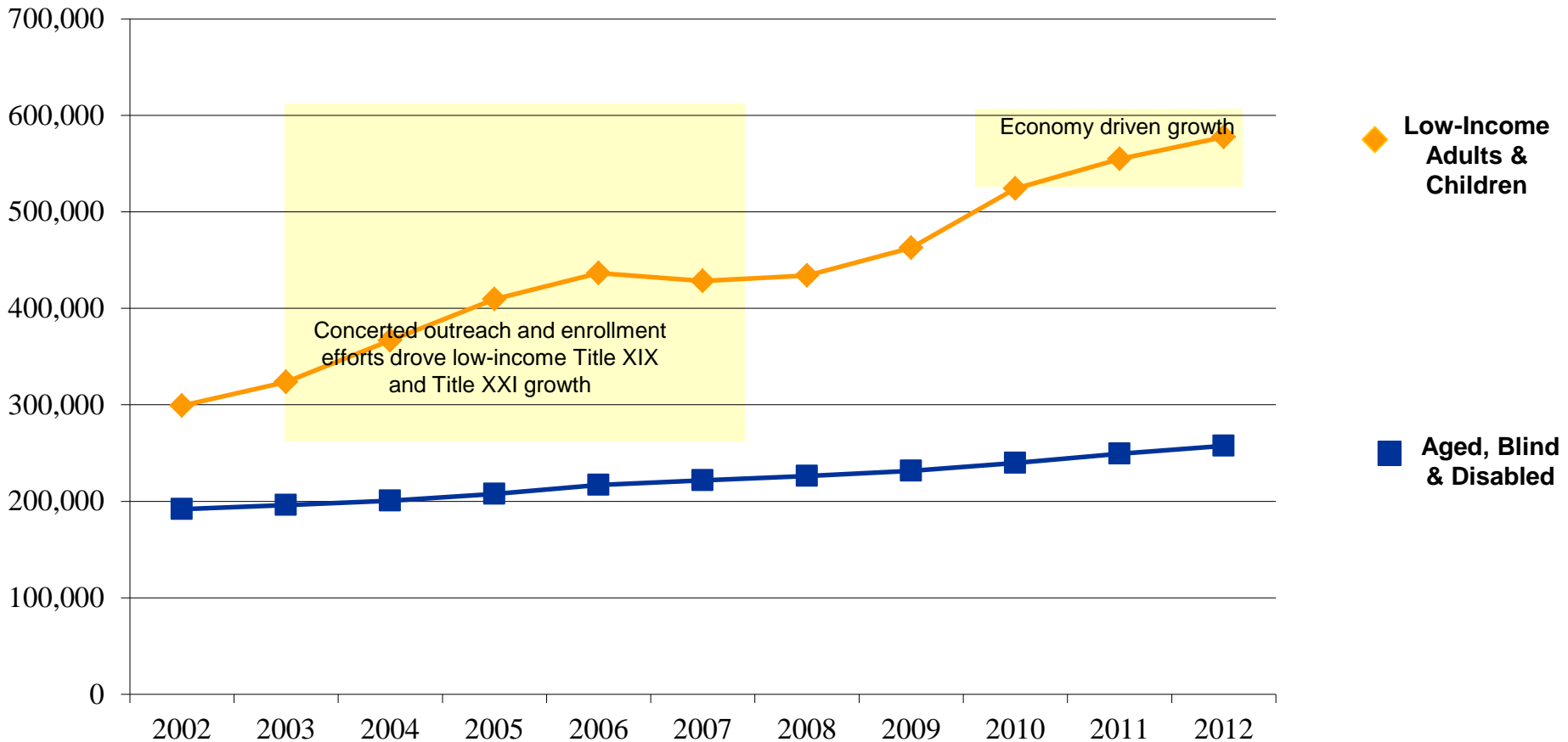
\*Medicaid may "wrap around" any existing private coverage as the payer of last resort.

\*\*States have the option under CHIPRA to provide supplemental or wrap around insurance to CHIP eligible children who have medical coverage through their parents but no dental insurance.

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***Medicaid Reforms***  
***Post SCOTUS***

# Virginia Medicaid Enrollment Trends FY02 - FY12



## Notes:

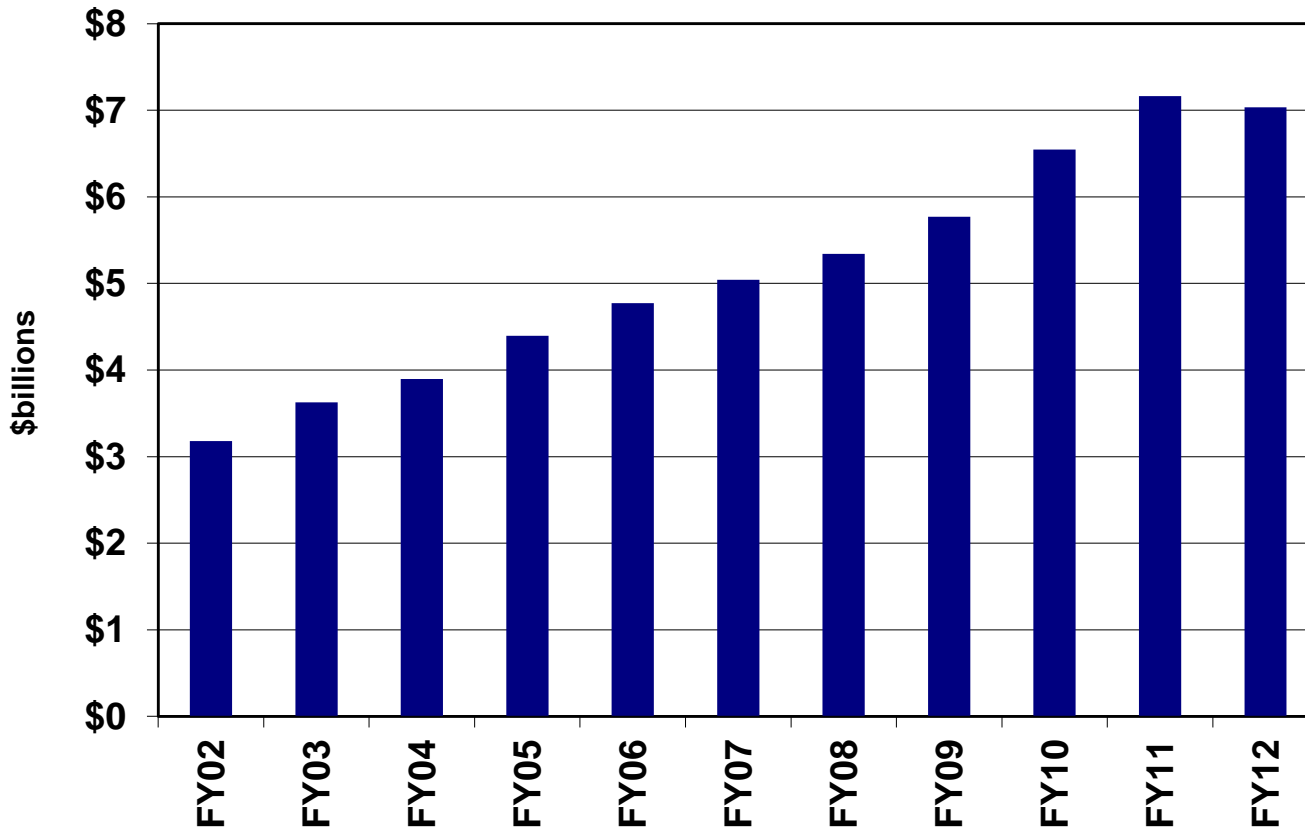
Average monthly enrollment in the Virginia Medicaid, as of the 1<sup>st</sup> of each month.

Medicaid: average annual growth 2002-2012 – 5%;

Low-income adults/children population - average annual growth rate – 7%;

ABD population – average annual growth rate – 3%; (increases in LTC waiver slots & enrollments)

# Virginia Medicaid Expenditures

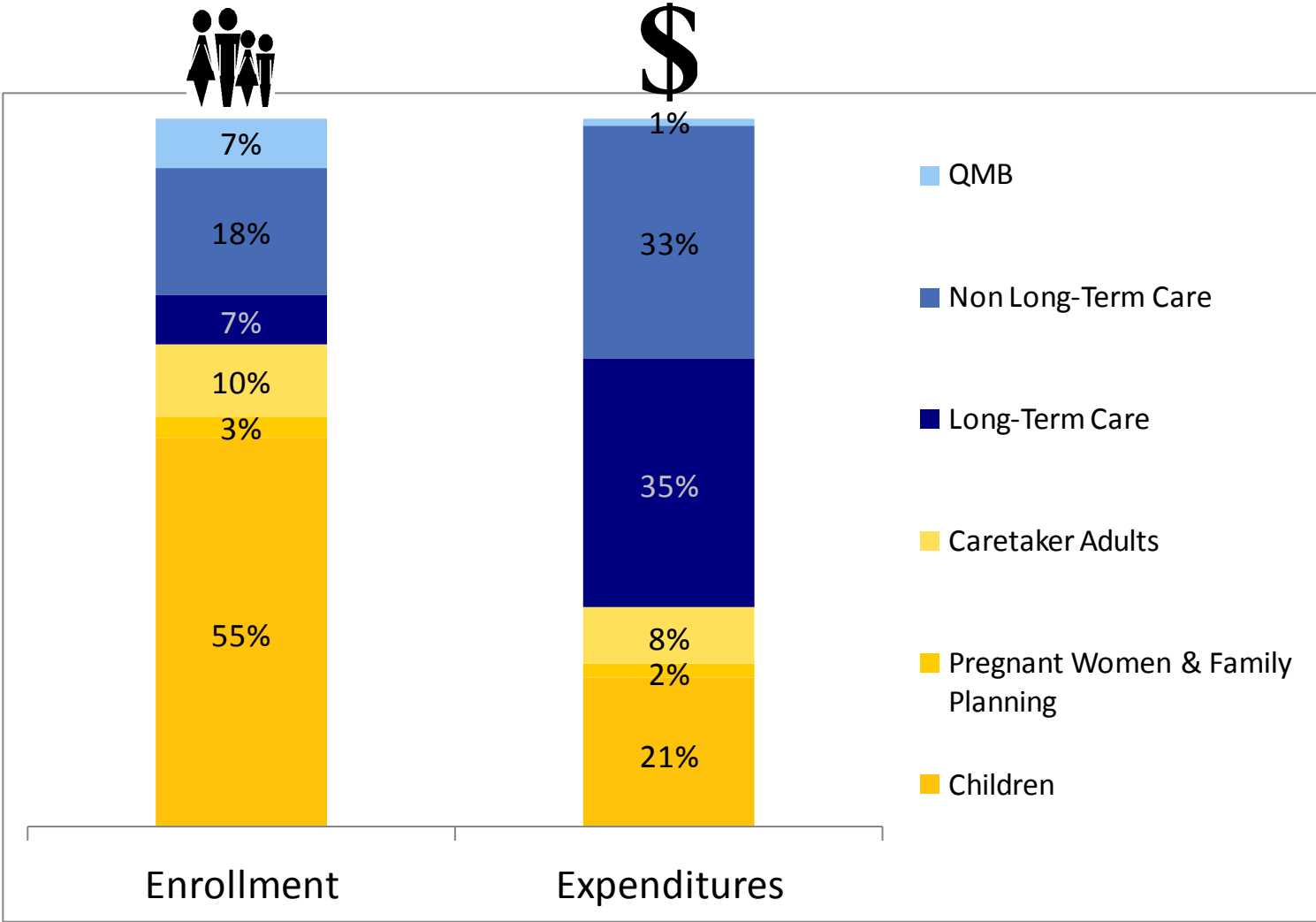


## Top Expenditure Drivers

- **Enrollment Growth:** *Now provide coverage to over 400,000 more members than 10 years ago (80% increase)*
- **Growth in the cost of health care**
- **Specific Services:** *Significant growth in expenditures for Home & Community Based Long-Term Care services and Community Behavioral Health services*

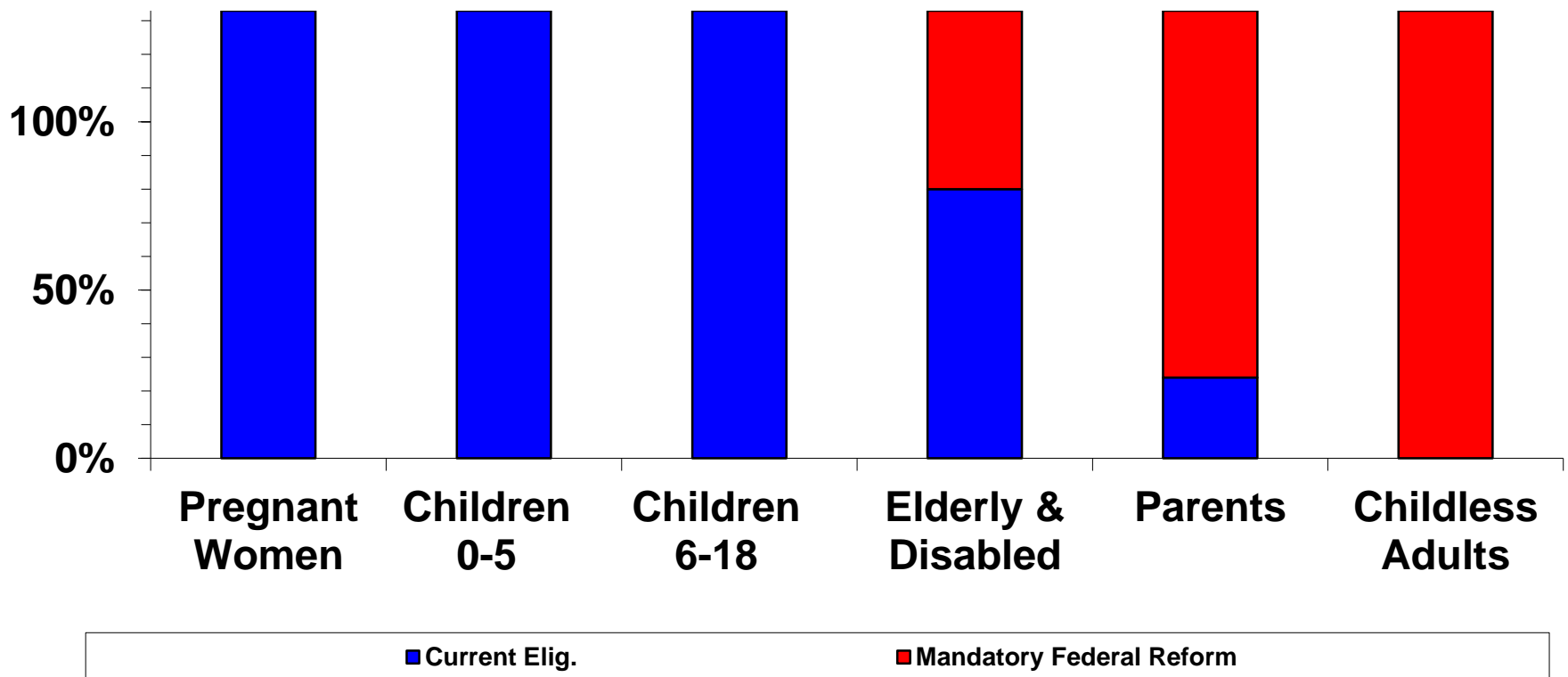


# Medicaid Enrollment v. Spending



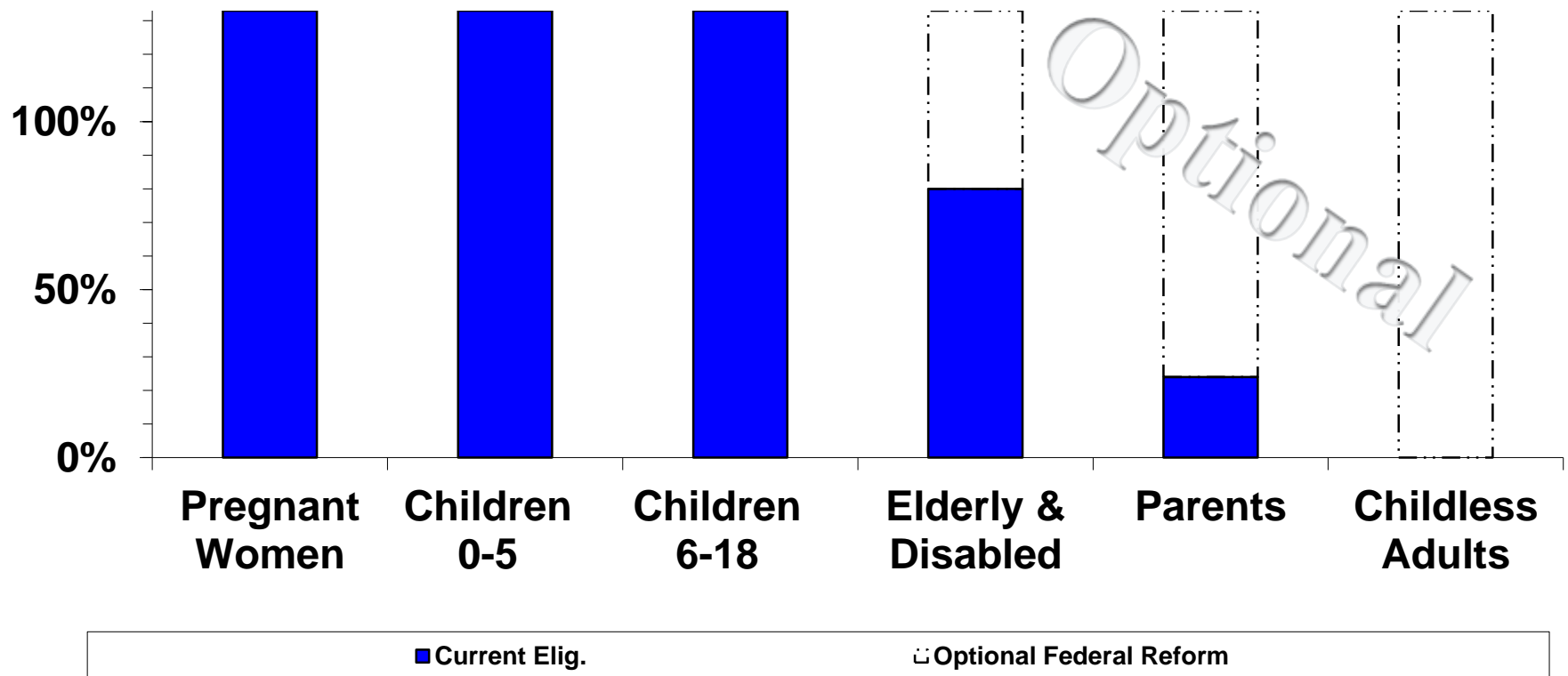
# Eligibility Expansion: What We Thought Before June 28<sup>th</sup>

- Effective January 1, 2014: Mandatory Expansion of Medicaid Coverage of Adults to 133% of the Federal Poverty Level (FPL), plus a 5% income disregard



# Eligibility Expansion: What We Know Now

- The Supreme Court effectively ruled that the Medicaid Expansion was optional for states
- This ruling causes the expansion to be a policy choice for Virginia, as opposed to a federal mandate



# Eligibility Expansion: Potential Impacts

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- When implemented, the mandatory expansion was estimated to:
  - add upwards of 425K\* “new” + “woodwork” recipients to Virginia’s Medicaid roles
    - “new” population subject to an enhanced federal match rate
    - “woodwork” population under the existing match
  - require an additional State Medicaid expenditure of upwards of \$2.15\* billion through 2022
- But...
  - DMAS now has no authority to implement the expansion without explicit policy direction and appropriation from the Governor and the General Assembly
  - It is unclear if states will have any options for expanding in ways other than what was heretofore required under PPACA, while still securing the enhanced federal match

\* Estimates from the 8-21-10 DMAS presentation to the Virginia Health Reform Initiative Advisory Committee; DMAS is currently re-estimating the impact of the now-optional expansion, but those estimates are not yet available

# Beyond the Expansion, Eligibility Reforms Remain Mandatory

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- Regardless of Virginia's decisions surrounding any potential Medicaid expansion, many eligibility "reforms" remain mandatory for Virginia
  - Modified Adjusted Gross Income (MAGI): As of January 1, 2014, PPACA modified the way states will calculate income for many existing coverage groups, primarily children, pregnant women, and low-income adults with children
- A new Eligibility and Enrollment (E&E) system and administrative structural changes are required to comply with MAGI and other provisions of PPACA for the existing population, regardless of the State's decision to expand coverage
- The Supreme Court decision did not remove the Maintenance of Eligibility (MOE) requirement under the PPACA

# Payment/Provider “Reforms” with a Substantial Impact on Virginia

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- The PPACA contains substantial payment/provider reforms that remain a significant concern to DMAS, including (among others):
  - Mandated reductions in federal Disproportionate Share Hospital (DSH) payment under Medicaid
  - Mandated increase (to Medicare levels) for Primary Care Physician Services in Medicaid
  - Significant federal changes and state administrative complexity in Medicaid provider screening, enrollment and termination requirements

# Open Questions

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- **Will the ACA remain law?**
- **If not, what provisions will remain?**
- **If yes, should Virginia operate its own Exchange**
- **Will Medicaid Expand? And if so, to what level?**
- **How will the dental benefit be provided in the Exchange: standalone or within health plan?**