

Northern Virginia Oral Health Steering Committee Meeting
Monday, April 17, 2017, 1:30 pm – 3:30 pm | Northern Virginia Family Service, Oakton, VA

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NOVA Oral Health Steering Committee Structure

Last update: April 17, 2017

NOVA Oral Health Steering Committee	
When: Quarterly meetings – next meeting date TBD	
Where: Fairfax or other central location – Northern VA Family Service works well	
Mission statement: Improve the oral health of Northern Virginia residents by	
<ul style="list-style-type: none"> • Cultivating engaged and informed patients and providers, and • Breaking down barriers to oral health care accessibility and affordability. 	
Objectives:	
<ul style="list-style-type: none"> • Learn together and share information • Partner development • Align subcommittees • Advance public awareness and community engagement • Identify financial and other resources 	
SUBCOMMITTEES	
Champions work with VaOHC staff on meeting agendas and facilitating meetings	
<p style="text-align: center;">Adult Oral Health Subcommittee</p> <p>Champions: Tom Fonseca & Jody Kelly When: Monthly or bimonthly meetings and calls, TBD Where: TBD - VaOHC can provide conference call line Purpose: Improve oral health data collection, provider and patient education, policies/programs affecting NOVA adults, including sub-groups such as</p> <ul style="list-style-type: none"> • Pregnant women • Uninsured adults • Older adults • Adults with I/DD and other special health care needs 	<p style="text-align: center;">Children Oral Health Subcommittee</p> <p>Champions: Barbara Nowak, Monte Upshaw, Lora <u>Vece</u> (pending final decision) When: Monthly or bimonthly meetings and calls, TBD Where: TBD – VaOHC can provide conference call line Purpose: Improve oral health data collection, provider and patient education, policies/programs affecting NOVA children, including sub-groups such as</p> <ul style="list-style-type: none"> • Early Head Start & Head Start kids • Elementary age children • Children with I/DD and other special health care needs
<p>VaOHC Backbone Support of Steering Committee & Subcommittees</p> <ul style="list-style-type: none"> • Role = consultant and thought partner • Coordinate meeting logistics for full steering committee and subcommittees • Guide meeting agendas • Link steering committee and subcommittees to state partners 	

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Desired Outcomes

- Consensus on priorities to focus on as a workgroup
- Consensus on a workgroup structure to accomplish goals within chosen priority areas
- Shared understanding of VaOHC’s role in providing backbone support and technical assistance
- Consensus on meeting times and locations

Agenda

1:30 pm – 1:45 pm	Welcome & intros
1:45 pm – 2:30 pm	Discussion of priorities and strategies identified in January
2:30 pm – 3:15 pm	Discussion of existing workgroups, collaboratives, or initiatives addressing selected priority areas
3:15 pm – 3:30 pm	Next steps and meeting logistics

Meeting Pre-Reading

[Northern Virginia Oral Health Forum Summary](#)

[Additional materials from the Northern Virginia Oral Health Forum](#)

Participants

Lucy Beadnell, The Arc of NOVA
Tom Fonseca, The Fenwick Foundation
Larry Freilich, DDS, PhD
Lauren Gray, Virginia Oral Health Coalition
Sarah Holland, Virginia Oral Health Coalition
Amy Joyner, Fairfax County Office for Children – Head Start
Jody Kelly, Arlington Free Clinic
Nicole Lamb, Action in Community Through Service (ACTS) Prince William
Ondrea McIntyre, Northern Virginia Family Service
Carmen Regan, Northern Virginia Dental Clinic
Tricia Rodgers, Northern Virginia Health Foundation
Lora Vece, Prosperity Primary Care
Monte Upshaw. Neighborhood Health

Action Items

- VaOHC will set quarterly Steering Committee meetings for the next 12-18 months
- Steering Committee members select which subcommittee (or both) they would like to participate in
- VaOHC will disseminate subcommittee contact information to subcommittee champions
- VaOHC will create and share a template to engage new Steering Committee & Subcommittee participants
- Steering Committee members will engage new individuals/orgs to invite participation
- VaOHC will reach out to NOVA Oral Health Forum participants to notify them of Steering Committee & Subcommittee activities

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Proceedings

Welcome & Intros

Sarah Holland welcomed participants, gave an overview of the Northern Virginia Oral Health Forum in January 2017, and the origins of this region-focused effort to collaborate on oral health.

Each participant shared their reason for deciding to get involved with this workgroup; responses included:

- Interested in how child oral health data from different data sources correlates with Head Start data on oral health
- Increase preventive care and avoid later life costs to the individual and health care system
- Address access and provider barriers to care for individuals with I/DD across the lifespan
- Learn more about what's going on in our communities
- Access to care and increasing services available for older adults
- Learn about ways to increase access to care for the population receiving crisis services in our organization (ACTS PW)
- Address access disparities especially for immigrant populations
- Bring experience to the table of having a disabled daughter and teaching in dental school and other higher ed programs, designing web-based education
- Looking for referral partners for new dental services added to our clinic, and evaluating dental program patient satisfaction and affordability (Arlington Free Clinic)
- Desire to leverage the framework created by the 2016 Virginia Oral Health Report Card to start generating regional conversations
- Collaboration and awareness about existing services – Neighborhood Health has 5 sites, Annandale site has 2 dental chairs and full complement of services except root canals, crowns, and ortho; Wellness on Wheels in six Alexandria schools; traveling school to school for different Head Start programs

Sarah summarized: Great cross-section of folks on the committee; the Report Card can provide both a snapshot of how the state is doing but also some actionable opportunities to change the system.

Discussion Highlights: Priorities and Strategies Identified at January's NOVA Oral Health Forum

Sarah invited participants to review the summary table of priorities and strategies identified in the population-focused groups at the Northern Virginia Oral Health Forum (pg. 6-7 [here](#)). After reviewing, Sarah asked participants to discuss which of the priorities and strategies they would like to work on as a steering committee.

Data collection efforts and current data gaps – certain populations and programs need more/better assessment.

- School-age children: Tricia mentioned Barbara Nowak and La'Toya Spencer's proposed research on the Kindergarten registration [school entrance physical form](#) dental screening data:

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- Clinicians can check: 1) problem identified, referred for treatment; 2) no problem, referred for prevention; or 3) No referral, already receiving dental care.
- The current proposal would be to partner with 2-3 school districts to access the form data and have La'Toya analyze it for her doctoral project
- The group discussed the value of the data that would be collected; some potential issues:
 - No link to whether or not parent took child for follow-up care
 - Many providers don't complete that section of the form
 - Physicians and NPs are not usually the ones filling out the form
- Potential benefits of this research
 - General assessment of how many providers are actually filling out the form and how many kids are getting screened in a convenience sample of NOVA school districts
 - Head Start uses the same form; might be interesting to compare their data at some point
- In general, there was interest in learning more about the proposal as it takes shape, but in order to assist with the outreach clarification is needed on what would be measured and how the information is going to be used
- Older adults: Tom discussed the paucity of data around the oral health of older adults.
- Uninsured adults: In free clinics, oral health typically not incorporated into primary care.
- Opportunities:
 - Use VaOHC as bridge to state partners to inform data collection efforts occurring at state level (e.g., VDH, DMAS, and other entities that collect oral health data).
 - Educational institutions in NOVA region and DC could be leveraged as a resource to facilitate research.
 - A lot of research already exists about comorbidities, outcomes, and disparities in oral health; no need to reinvent the wheel.
 - Embed data collection into other programmatic and policy efforts.

Access issues – need to be careful how we define “access” in our steering committee to determine our approach.

- “Access” challenges look different depending on the population and setting
 - E.g., for Head Start families in Fairfax, it's not that the services aren't available or accessible – there appears to be a disconnect, lack of awareness. Parents might not value their own oral health or have the tools in their homes (like toothbrushes).
 - Need to train parents and kids.
 - For I/DD population, it's not that parents/caregivers don't understand the importance, it's finding a provider that will accept the patient.

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Consensus on Steering Committee Structure

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Discussion Highlights: Existing workgroups, Collaboratives, or Initiatives Addressing Priority Areas

Sarah invited Steering Committee participants to discuss what is already happening in the region to address issues related to oral health and our shared priorities.

Existing collaborative infrastructure includes:

- NOVA Health Care Providers
- NOVA Health Services Coalition – comprised of safety net clinic Executive Directors
- Loudoun Health Services Coalition
- Live Healthy Fairfax
- Partnership for a Healthier Alexandria
- Community Health Needs Assessments
- Prince William Community Health Coalition
- American Academy of Pediatrics – Amy will reach out

VaOHC staff agreed to reach out to forum attendees to share Steering Committee activities and to create a template for Steering Committee members to share

Closing

Next full committee meeting date:

Northern Virginia Oral Health Steering Committee

July 2017 (exact date & time TBD)

Northern Virginia Family Service

10455 White Granite Drive

Oakton Training Room

Oakton, VA 22124

Subcommittee meeting dates TBD