

Northern Virginia Oral Health Alliance - Children's Oral Health Workgroup

Friday, March 15, 2018, 10:00 am – 11:30 am

12000 Government Center Pkwy, Fairfax, VA

Participants

Lydia Allen, NVFS Medical Care for Children Partnership

Andrea Lomrantz, Fairfax County Department of Family Services

Barb Nowak, Alexandria City Public Schools

Gretchen O'Donnell, Fairfax County Public Schools/Head Start Program

Eva Starrak, Medical Care for Children Partnership Foundation

Jeanne Yang, Fairfax County Health Department Dental

VaOHC Staff: Lauren Gray

Action Items

- Acquire DMAS list of pediatric practices (including physicians, NPs, and MCO providers) serving most Medicaid kids by next meeting (Andrea/Lauren)
- Divide and conquer list at next meeting
- Contact your legislators to show your support for Medicaid Expansion - more information about how to do is available [here](#)
- Thank [Del. Mark Sickles](#) and [Sen. George Barker](#) (both from NOVA) for their sponsorship of budget amendments to add adult dental benefits in Medicaid
- Reach out to Neighborhood Health WOW bus dental coordinator

Proceedings

- Recap of last meeting
 - Workgroup opted to move away from data collection towards doing pediatrician outreach with two goals:
 - Increase the rate of dental referrals, oral health assessment/screening, and anticipatory guidance from pediatric practices serving the most Medicaid children in NOVA
 - Increase the number of children in workgroup members' programs (and the NOVA region at large) who are receiving continued care in a dental home
 - Next steps (purpose of this meeting)
 - Refine what data we need to request to identify the practices serving the most Medicaid practices
 - Define what we are trying to learn from them
 - Define what specific things we would like them to change
- Lauren provided a brief policy update regarding the budget, Medicaid expansion, and an adult dental benefit in Medicaid - additional context added below for clarity
 - Governor's budget did not include adult dental, but progress was made identifying champions to sponsor a budget amendment
 - Del. Mark Sickles and Sen. George Barker - both from NOVA - sponsored budget amendments in their respective houses

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- If you reside in their districts, please send them a thank you note for sponsoring adult dental benefit
- Budget amendments were assigned to committees and didn't move forward into the House or Senate budgets, but VaOHC testified before committees, which is an important indicator that the amendments garnered interested among legislators
- The legislature could not agree on a final budget - the Governor has called for a special session to reconvene on April 11
- During the special session, legislature will try to hammer out the budget, but Medicaid expansion is a big sticking point
- If Medicaid expansion is going to make it through, now is the time for us all to be contacting our delegates and senators to encourage their support for Medicaid expansion
- The House included Medicaid expansion (with work requirements) in their budget, but Senate did not - it is unclear what sort of compromise they will reach during the special session
- Workgroup member updates
 - Barb Nowak is attending an Am. Academy of Pediatrics oral health conference next week - she thinks the topic is fluoride
 - At conference she will ask what are other school districts in other states doing to increase access to and utilization of oral health care? What models have been successful?
 - Dr. Monte Upshaw will no longer continue in the workgroup because he is leaving his position at Neighborhood Health to pursue a fellowship at Harvard's school of public health
 - Barb Nowak identified the WOW bus dental coordinator as a potential participant in this workgroup
 - Fairfax HS/EHS
 - About 200 kids with really severe needs, about 365 total who had initial dental visits
 - Dental visits have gone up, but follow-up care has not
 - Staff are calling dentists first, then families, to see why those 200 kids are not getting follow-up care
 - The main reason seems to be that these families who need sedation treatment don't have the funds (majority are uninsured)
 - Positive response from dental practices
 - Staff are reaching out to places like Neighborhood Health, or just trying to find funds
 - Neighborhood Health doesn't do sedation dentistry
 - Other possibilities for outreach
 - Dr. Rayik (Smiles of Fairfax Corner) if you have one or two cases; he's a general dentist, does sedation dentistry (not sure about kids)
 - Mason Clinics
 - VDAF or NVDS - donated dental services

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- There were two Give Kids a Smile Day events in Fairfax recently
- Pediatrician outreach and referrals - prioritize the practices for immediate outreach
 - Andrea Lomrantz submitted a request to DMAS FOIA office for list of pediatrician practices (2 in each locality) serving the most Medicaid kids
 - Opted to focus on Medicaid population because they have coverage that is underutilized
 - For the Medicaid data request, do we want to do NPs, MCOs?
 - Yes to NPs
 - Kaiser serves a bunch of Medicaid kids right now, but won't as of June 30
 - 2 practices per jurisdiction - increase to 5 or so
 - Irrespective of age
 - MCOs - look up which ones operate in NOVA
 - Every school is required to have physicals for kids - Barb can pull the data from Alexandria school form data as well to compare
 - Gretchen - we can pull it for our kids, but not general for Fairfax - unlikely that Fairfax schools will give us their lists of where kids are being seen
 - Are we going to reach out to practices that we already work with or just the ones who serve a lot of kids?
 - Uninsured kids - getting kids into a dental home eventually is a priority (Lydia)
 - Programs can focus on that outreach from a case management standpoint
 - Tackling it from multiple angles
- Next step: assess providers' current practices
 - Do you provide fluoride varnish?
 - Do you do oral health assessment and screening?
 - Do you provide anticipatory guidance?
 - Do you provide a list of Medicaid dental practices?
 - Do you provide oral health info in multiple languages?
- What outreach to peds will look to do
 - Promote existing resources
 - VDH BSB
 - A manual, self-taught
 - Coalition has info about this program to distribute
 - Find out what practices they have reached
 - Smiles for Life
 - Online curriculum
 - Can format the content to what specifically you want to focus on
 - Endorsed by AAP, AAPD and other programs
 - Make the business case for why pediatricians should promote oral health to patients
 - E.g., fluoride varnish reimbursement - all insurers reimburse for it, including Medicaid
 - Get out the message about need for a dental home to medical providers from multiple channels
- Other ideas
 - Engage NOVA Community College dental hygiene students to help with outreach
 - Gretchen currently works with 2 students from that program
 - Convene medical and dental providers

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- Barb Nowak interested in piloting some sort of convening in Alexandria
- Offer CEUs
- Goal: encourage dialogue, shared learning on med-dental integration best practices

2018 Meetings of the Children's Workgroup: Friday, May 11, 2018, 2:00 pm - 3:30 pm

Future meetings will be on second Fridays of each month, 2 pm - 3:30 pm, location TBA (Fairfax County Gov't Center, Room 4/5 works well)